



BIRCH BARK

Botanical Name: *Betula alba*

Common Name: White birch, bouleau, berke

Medicinal part: Bark

Description: Birch trees are known for their papery white bark and their beautiful red Autumn leaves. Historically, birch trees had an important role in the lives of indigenous people. Their bark was used to create wigwams, tee-pees, canoes, buckets, kettles, utensils and more. It was commonly believed that birch trees could not be hit by lightning, so during great storms people would often seek refuge beneath them.



G·O·L·D·E·N
BOUGH

Golden Bough Botanicals Inc. has been a trusted wholesale supplier of premium quality herbs, spices and specialty teas since 1978. Our business has evolved to include organic herbs and spices, pure essential oils, organics pure essential oils, fragrance oil, cosmetic, candle and soap making ingredients and packaging supplies.

Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue
Delta, BC V3M 6M1, Canada

Toll Free: 1-877-950.8700

www.goldenbough.ca